



SENIOR CONNECT

MAY 2024

New Traffic Light in the works for Federal City Road

Lawrence Township officials are proceeding with plans to install a traffic signal at the intersection of Federal Point Boulevard and Federal City Road. Municipal Manager Kevin Nerwinski announced that the township will invite proposals from traffic design professionals for this project. The decision to move forward with the installation follows a study conducted by traffic consultant Arora and Associates, which concluded that a traffic signal is necessary at the intersection. The study also recommended adding separate left turn lanes in both directions at the intersection. Additionally, it identified the need for a traffic signal at the nearby intersection of Federal City Road and Bull Run Road, which spans Lawrence, Hopewell, and Ewing townships. While residents of Traditions at Federal Point expressed concerns about increased traffic due to a new apartment complex in Hopewell Township, Lawrence Township officials pursued a cost-sharing agreement for the traffic signal design with Ewing and Hopewell townships. However, as both declined, Lawrence Township will proceed independently with the project.

Did you know?

Lawrence township has a sidewalk repair program that enables homeowners to pay for sidewalk repair at a lower cost than typically available on an individual basis.

<https://tinyurl.com/Sidewalkprogram2024>

BIKE RODEO

MAY 11TH, 2024 10AM-2PM

LAWRENCE HS
2525 PRINCETON PIKE

Sustainable Lawrence
Earth Life Community

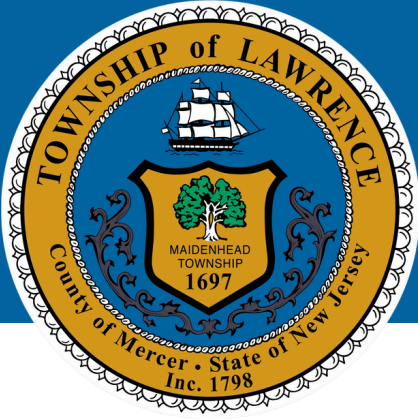
SUSTAINABLE LAWRENCE, IN PARTNERSHIP WITH THE LAWRENCE TWP. POLICE DEPT., IS SPONSORING THE ANNUAL BIKE RODEO!

BRING YOUR OWN BIKE

GET FITTED FOR A NEW HELMET (WHILE SUPPLIES LAST)
CHECK YOUR BIKE SAFETY
RIDE THE OBSTACLE COURSE

ADDITIONAL ACTIVITIES:
ELECTRICAL CAR DISPLAY
POLICE BICYCLE DISPLAY
LIVE MUSIC (DJ)
FOOD AND ICE CREAM
MOTHER'S DAY FLOWERS
AND MORE!

EMSPANADA BUY
CUB SCOUT PACK 206
LAWRENCEVILLE, NJ
capitalehealth
Electric Vehicle ASSOCIATION



Did you know?

For the past few months, the Township has been working on updating the Township's Hazard Mitigation Plan along with every jurisdiction in the County/State? By clicking the following link, Lawrence residents can provide valuable input:

https://www.surveymonkey.com/r/Mercer_Citizen

Help us update our hazard mitigation plan so we can apply for FEMA mitigation funding when needed!

**MERCER COUNTY
HAZARD MITIGATION PLAN**

Learn more about the hazard mitigation planning process and hazards that impact Mercer County.

View the StoryMap here:
<https://arcg.is/18L5ry>

SENIOR FREEZE
Property Tax Reimbursement

- ✓ Homeowners
- ✓ Mobile Homeowners
- ✓ Age 65 or older OR disabled

Apply by October 31, 2024

Questions? Call or visit: 1-800-882-6597
state.nj.us/treasury/taxation/ptr/

Free Fertilizer for Lawrence Residents!

Instead of bagging, mulch your grass as you mow.

Clippings break down in your lawn releasing nitrogen, potassium, and phosphorus—the nutrients in fertilizer.

ENVIRONMENTAL & GREEN Advisory Committee
Lawrence Township, NJ



Staff Spotlight



Paulina Zawada

This month's "Spotlight" is our newest member. Paulina Zawada. Paulina has been one of our Administrative Assistants a little over one month. She was born in Poland and emigrated to the United States in 2003. She graduated from Mercer County Community College in 2020 and is currently working towards a Bachelor's Degree in Business Administration at Rutgers University.

Prior to joining us at LTPD, Paulina worked as an Office Assistant in the NJ Department of Agriculture, Division of Animal Health. Paulina is also bi-lingual in Polish and English. Ekstra! (Very cool!)

When we asked Paulina if she had any hobbies, she said, "In my free time, I like to relax at home or go home decor shopping. I also enjoy camping with my family and friends. Traveling and visiting new places is another thing I like. I wish I had more time to do so!" Paulina said that she also loves to read. Specifically, motivational books. She added, "They can provide motivation and inspiration, help me stay positive and focus on my goals."

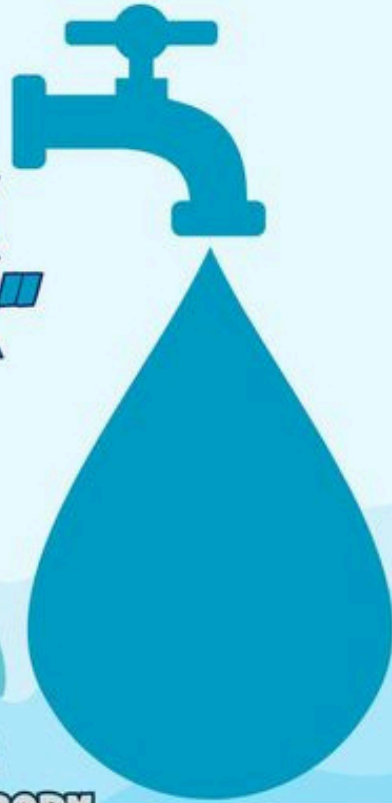
Lawrence Township Bulk Trash pick up is the last Friday of every month

Residents can put out 3 "bulky" items per household





H2OPEN "LET'S TALK ABOUT WATER" FORUM



SAVE THE DATE
AUGUST 14 2024 6:30PM
LAWRENCE SENIOR CENTER

From Trenton Water Works: Advancing communications with our valued customers and service-area residents, we will hold H2Open "Let's Talk About Water" Forums so service-area residents can learn more about their drinking water, water utility operations, and capital projects, including the Lead Service Line Replacement Program. The two-hour community meetings empower attendees—customers, residents, and public officials—to ask questions about their drinking water and TWW operations directly from water utility leadership. Discussion topics include water quality, lead, Legionella, operations, and capital projects. Please save the date to have your concerns and questions addressed.

The Department of Public Works has begun the Mulch Delivery Program!

Please place your orders as soon as possible. This program will end when our mulch supply does. This is a great low cost option that allows us to disperse wood chips from our ecological facility back in to the community. Please find an order form on the next page.

This program will assist us with the dispersion of wood chips from our Ecological Facility back into the community. The program ends when our supply ends

MULCH DELIVERY PROGRAM

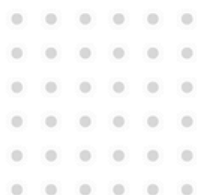
FREE DELIVERY TO YOUR DRIVEWAY FOR LAWRENCE TOWNSHIP RESIDENTS ONLY

NATURAL GROUND WOODCHIPS
(LIMIT 9 YARDS PER HOUSEHOLD)

3 YARDS FOR \$33.00
6 YARDS FOR \$66.00
9 YARDS FOR \$99.00



Place your order at :
Lawrence Township
Ecological Facility
3701 Princeton Pike or
Dept of Public Works
240 Bakers Basin Road
(609)587-1894



MAY 2024

Lawrence Township Office on Aging Senior Center Calendar



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6	<p>EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>3 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM</p>	<p>4 MAY 11TH NOTRE DAME HIGH SCHOOL INTERGENERATIONAL PROM AT NOTRE DAME HIGH 5:00 - 8:00</p>
12	<p>EXERCISE - 9 AM HONORING MOTHERS 10:30AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM MAH-JONGG - 1:00 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>10 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM POETRY AT MC LIBRARY 1PM BINGO 1 - 3 PM</p>	<p>11 MAY 11TH NOTRE DAME HIGH SCHOOL INTERGENERATIONAL PROM AT NOTRE DAME HIGH 5:00 - 8:00</p>
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19	<p>It is not to late to sign-up for the Connect with Nature Walk on May 7th at 9:30! Visit or call for more information.</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>24 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM</p>	<p>25 MAY 11TH NOTRE DAME HIGH SCHOOL INTERGENERATIONAL PROM AT NOTRE DAME HIGH 5:00 - 8:00</p>
20	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #1 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>31 YOGA 9 - 10 AM LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM SENIOR PROM 6 - 9 PM</p>	<p>32 MAY 11TH NOTRE DAME HIGH SCHOOL INTERGENERATIONAL PROM AT NOTRE DAME HIGH 5:00 - 8:00</p>
26	<p>Exercise, Yoga and Tai-Chi Classes are now at the Lawrence Community Center</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>MEMORIAL DAY PRADE AT 9:00 AM LAWRENCE HIGH SCHOOL</p>	<p>MEMORIAL DAY PRADE AT 9:00 AM LAWRENCE HIGH SCHOOL</p>
27	<p>MEMORIAL DAY TOWNSHIP OFFICES & SENIOR CENTER CLOSED</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM CONNECT WITH NATURE - WALK AT TULPERAKING NATURE CENTER AT 9:30 AM CLUB #2 - 10:00 AM SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM</p>	<p>EXERCISE - 9 AM EXECUTIVE COMMITTEE MEETING 9:30 AM BUSY BEES - 12:30 PM LAWRENCEVILLE STUDENT TECH HELP 1:00 - 3:00 PM MEMOIR WRITING - 2 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>EXERCISE - 9 AM RUMMIKUB - 1:00 PM WALK WITH EASE 1:00 PM</p>	<p>SENIOR PROM 6 - 9 PM</p>	<p>SENIOR PROM 6 - 9 PM</p>
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LAWRENCE TOWNSHIP SENIOR CENTER
30 East Darrah Lane, Lawrence NJ
Phone: 609-844-7048
Office Hours: 8:30 - 4:30 pm
www.lawrencetwp.com

Lillian LaSalle, Executive Director
llasalle@lawrencetwp.com

Natasha Pacera, Recreation Leader
npacera@lawrencetwp.com

TRANSPORTATION SERVICES
Senior Van available weekdays between 8:30 AM to 3:00 PM. By appointment only - Must call 48 hours in advance. For Lawrence Township Residents 60+. Van Service only transports local.

REGISTRATION
Pre-Registration is required for ALL Senior Center Programs by calling or visiting the center. Programs for Lawrence Twp.
Seniors 60 years and older.

MERCER COUNTY NUTRITION HOT LUNCHEONS
MON. WED. THURS. AND FRI.
No Nutrition on Tuesdays
9:15 AM - Coffee
PLEASE Sign-in for meal by 10:45 AM
Pre-Registration Required
Please call (609) 883-8085 OR (609) 989-6650
Site Manager: Vanessa Banks

SIGN UP FOR ACTIVITIES
Walk with Ease, Connect with Nature, People & Stories (Mini Series), Norte Dame High School Senior Prom, Lawrence High School Senior Prom, Lawrenceville Student Tech Help and Memorial Day Parade

Senior Prom
call or Visit the Senior Center to Sign-Up
Notre Dame Prom for Seniors
May 11 from 5:00 - 8:00 PM
601 Lawrence Road
Lawrence Prom for Seniors
May 31 from 6:00 - 9:00 PM
2525 Princeton Pike

Senior Prom
Sign up for Memorial Day Parade!
Saturday, May 25th 9:00 AM
Come on out and represent our Senior Center! For registered Lawrence Senior's 60+. Meet us at the Lawrence High School at 9:00 AM. Call or visit the Senior Center to sign up for more information.

People & Stories (Summer Mini Series)
May 9th, June 13th, July 11th & August 15th at 1:30 PM
The group will meet once a month on Thursdays for a 90-minute session. The coordinator reads the story aloud while group participants follow with their own printed copy. After reading the short story, members will discuss and share opinions.

Walk with Ease
Thursdays at 1:00 PM
May 2nd, 9th, 16th, 23rd, 30th & June 6th
Meet at Colonial Lake 100 Bridge Dr.
Lawrence, NJ
Improve Balance, Reduce Pain, Build up stamina, strength, & walking pace!